

# PARKLAND

## Physical Education and Sport Premium Report 2022-2023

*'Evidencing Impact and Accountability'*



### What is the Sports Premium?

The government is providing funding to maintained primary schools and academies that is specifically targeted at improving the provision of physical education (PE) and sport.

Schools must spend the sports funding on improving their provision of PE and sport for the benefit of primary-aged pupils so that they develop healthy lifestyles. Schools have the freedom to choose how they do this but the impact should:

- ✓ develop or add to the PE and sport activities that your school already offers;
- ✓ build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

There are 5 key indicators that schools should expect to see improvement across:

- ✓ the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school;
- ✓ the profile of PE, School Sport and Physical Activity is raised across the school as a tool for whole-school improvement;
- ✓ increased confidence, knowledge and skills of all staff in teaching PE and sport;
- ✓ broader experience of a range of sports and activities offered to all pupils;
- ✓ increased participation in competitive sport.

Thanks to the Sports Premium Budget, Parkland has been able to meet a number of key PE objectives. We have been able to:

- Improve PE provision for all children;
- Increase teachers' confidence in delivering high quality PE lessons;
- Train and coach Learning Support Assistants and Student Teachers so that they can contribute successfully to P.E lessons and clubs;
- Promote a love of sport;
- Improve the health and fitness of learners as well as develop an understanding of the benefits that Physical Education and a healthy lifestyle can bring;
- Raise the profile of Physical Education across the school and within the community;
- Ensure a high percentage of children can swim 25m or more by the end of Key Stage 2.

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- Create an all weather Sports Running Track so that a high proportion of pupils take part in the Daily Mile
- Gym equipment installed in playground

We are proud of our achievements in PE over the past few years. The increased participation in sports has been met with high levels of enthusiasm and with a focus on competition. This has allowed us to create a culture for sports participation that will hopefully continue for years to come. Pupils are genuinely filled with excitement for sport at Parkland, and we will continue to let this thrive in the upcoming academic year. The benefits, including the promotion of pupils' health and well-being, are long-term and sustainable. We owe a great deal to this additional Sports Premium funding and we look forward to building upon our previous success.

The Parkland Federation is continuing to work in partnership with Brighton and Hove Albion to deliver high quality PE sessions for each class from EYFS to Year 6. The sports coaches are keen to improve competitive sports across the schools. We are confident that this, alongside the Sports Premium Funding, will allow Parkland to continue making improvements to the PE provision for all of our pupils.

The Parkland Federation has been able to make positive strides in improving its PE provision through the Sports Premium Budget. By using the funding, the school has achieved various objectives, such as enhancing PE provision for all children, increasing teachers' confidence in delivering high-quality PE lessons and promoting a love for sport among students.

The school's efforts to train and coach Student Teachers contribute to the successful delivery of PE lessons and clubs. This not only improves the health and fitness of learners but also fosters an understanding of the benefits of physical education and a healthy lifestyle. Furthermore, the Parkland Federation has successfully raised the profile of Physical Education across the school and within the community. The school's commitment to ensuring a high percentage of children achieve at least the expected level for Physical Development in the Early Years Foundation Stage is commendable.

The collaboration between the Parkland Federation and Brighton and Hove Albion to deliver high-quality PE sessions for each class from EYFS to Year 6 is another positive development. The partnership aims to improve competitive sports across the schools, and with the support of the Sports Premium Funding, Parkland is confident in its ability to continue enhancing PE provision for all students.

The long-term benefits of these initiatives, including the promotion of pupils' health and well-being, are expected to have a lasting impact. The Parkland Federation is enthusiastic about maintaining the culture of sports participation and nurturing students' excitement for sports in the coming academic year. The school expresses gratitude for the additional Sports Premium funding and looks forward to building upon its previous successes.

The Parkland Federation has made significant progress in implementing the Sports Premium funding to enhance the provision of PE and sport, aligning with the objectives outlined by the government.

**Primary PE Sports Grant Awarded**

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Number of Pupils On Roll:	246
Total Sport Premium Grant:	£18,470

Key Achievements To Date:	Areas for Further Improvement and Baseline Evidence of Need:
<ul style="list-style-type: none"> <li>- Have been awarded the Schools Games Recognition Award</li> <li>- Involvement with Albion in the Community continues to strengthen</li> <li>- The variety of clubs offered was noted at the recent Ofsted Inspection</li> <li>- Have engaged more pupils in participating in sport</li> <li>- Have put out teams in various competitive sporting events</li> <li>- Have engaged children and parents with after-school clubs</li> <li>- Sports Track installed on school field</li> <li>- Gym equipment installed in playground</li> <li>- Daily Mile opportunities at the beginning of PE sessions and during afternoons</li> <li>- Have targeted inactive pupils in being more involved in competitive sports as well as nutrition through Gully's Health Squad</li> <li>- When children have competed against other schools, they have</li> </ul>	<ul style="list-style-type: none"> <li>- To increase further variety and uptake in extra curricular clubs</li> <li>- Ensure regular Daily Mile opportunities for all children at least three times a week</li> <li>- Continue to participate in 'inter-school' competitions</li> <li>- To host more sporting events at our own school</li> <li>- Implement a trained school sports crew made up of KS2 pupils to support KS1 children</li> <li>- Staff survey to highlight gaps in teacher knowledge (for example, dance)</li> <li>- To continue to promote Gully's Health Squad with children and parents to ensure optimum nutrition and exercise is available for targeted children and families</li> </ul>

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<p>demonstrated the school values</p> <ul style="list-style-type: none"> <li>- High Quality whole-school sports day</li> <li>- Sports Personality of the Term Award has increased confidence and resilience in PE</li> <li>- Schools Games award gold accreditation earned</li> </ul>	
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Meeting National Curriculum Requirements for Swimming and Water Safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	76%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	Front crawl: 72% Breaststroke: 78% Backstroke: 77%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	94%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	No

Engagement of All Pupils In Regular Physical Activity					
Total Funding: £16,300			81% of Total Allocation:		
Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity. Chief Medical Officer guidelines recommend that primary school children undertake at least 60 minutes of physical activity a day, of which 30 minutes should be in school.					
INTENT		IMPLEMENTATION		IMPACT	
School Focus	Intended Impact	Actions To Achieve	Funding Allocated	Evidence of Impact	Sustainability & Suggested Next Steps

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<p>To be able to ensure compulsory competitive sports lessons once a week.</p>	<p>All classes are taught compulsory competitive sports lessons once a week.</p>	<p>Sports Coaches to follow the PE overview to ensure curriculum coverage</p> <p>Continued high quality of teaching and learning in Competitive Sports lessons</p> <p>All PE lessons will be judged to be good or outstanding</p> <p>Dance CPD to be provided for all teaching staff and this element of the curriculum reviewed</p> <p>New resources ordered when needed to ensure PE lessons are effective</p>	<p>£15,300 SPORTS FUNDING</p>	<p>Sports coaches have aligned their lessons with the intended outcomes, resulting in good progress for all pupils at the junior school.</p> <p>Inclusive and adaptive teaching strategies are observed in lessons.</p> <p>PDMs have allowed staff to enhance their knowledge and skills, enabling them to deliver high-quality lessons for all pupils.</p> <p>PE co-ordinator and sports coaches regularly assess the effectiveness of existing resources used in PE lessons so lessons are always well resourced.</p> <p>Staff shared best practice in delivering PE lessons which has supported CPD.</p> <p>Staff and coaches have been engaging in reflective practice by analysing their own teaching methods, lesson plans, and student outcomes. This has been evident when observing teachers teach PE. This self-reflection has helped identify areas for improvement and enhance the overall quality of teaching and learning in PE/school sport.</p>	<p>Continue to ensure that sports coaches have sufficient planning and resources in place to secure high-quality teaching and learning for all pupils.</p> <p>Continue to monitor the impact of teaching and learning in PE - pupil voice/pupil conferencing.</p> <p>Continue to reflect upon inclusive and adaptive teaching strategies to be utilised by all staff and AITC coaches, supported by the inclusion team.</p> <p>Send out fresh staff surveys to identify gaps in staff's knowledge/confidence;</p> <p>Timetable in dance CPD for 23/24 academic year; ask a specialist dance teacher to lead a PDM/Support CPD</p>
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<p>To improve provision at break times to facilitate increased access and increased participation in daily exercise using new sports track</p>	<p>Children's resilience, strength and overall fitness is improved.</p> <p>Well Being of pupils shows an upward trend</p>	<p>Children have the opportunity to complete the 'Daily Mile'.</p> <p>Children have access to other sporting activities and equipment during playtimes and lunchtimes (e.g. football).</p> <p>Audit of playtime equipment takes places and highlights any gaps</p> <p>After school sports clubs available for children.</p> <p>Development of fine and gross motor skills for children through targeted interventions.</p> <p>Resources and equipment ordered to meet these needs identified above.</p>	<p>SCHOOL BUDGET</p>	<p>Children at the junior school have had the opportunity to complete the 'Daily Mile.' This has encouraged children to walk, jog, or run for 15 minutes every day. This has promoted physical activity and has had numerous physical and mental health benefits</p> <p>Children have access to other sporting activities and equipment during playtimes and lunchtimes, such as football. This has allowed them to engage in different sports and enjoy physical exercise during break times. This has been a real positive across the infant and junior schools.</p> <p>After-school sports clubs are available for children. These clubs provide additional opportunities for children to participate in sports and physical activities outside of regular school hours. They have offered a variety of sports and cater to different interests. As part of the Schools Games Mark, these clubs have been targeted at children who may not be so engaged in PE and school sport.</p> <p>Resources and equipment have been ordered to meet the needs of pupils. This has involved purchasing sports equipment, playground</p>	<p>Continue with Daily Mile provision. This is embedded across both schools and there is a realistic competitiveness to it, which all children can access. This year, there has also been a weekly Daily Mile club, which has been utilised by pupils across Years 3-6. This could be disseminated to Reception - Year 2 children.</p> <p>Continue to evaluate the overall effectiveness of PE resources. Evaluate pupils' responses in pupil voice and pupil conferencing.</p> <p>Continue to offer after-schools clubs, particularly those targeted at groups of children likely to be disengaged with PE and school sports. Respond to pupil responses in pupil voice and pupil conferencing. Target children at the junior school who are inactive / less engaged with PE to take part in after-school clubs.</p>
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				resources, and other materials necessary to support the various physical activities and interventions at the junior school.	Continue to evaluate the impact of sports equipment and where this fits into the school PE curriculum.  Establish protocols for the maintenance, repair and storage of PE equipment to maximise their lifespan and usability.
To continue to ensure that children are taking part in two one hour PE sessions a week, one taught by the class teacher	The health and fitness levels of children are improved  Physical Development expectations are met by all children	PE Overview to be updated and put in place for teachers to follow, included a review of Dance  Continued high quality teaching and learning in PE lessons  New resources ordered when needed to ensure PE lessons are effective where necessary	£1000 SPORTS FUNDING TBC	PE overview has been updated so that it promotes student engagement, enjoyment and achievement in PE lessons. Updating this overview has allowed pupils to foster physical fitness, health and well-being among pupils. This has also developed students' fundamental movement skills, coordination and agility. This has also enhanced pupils' understanding and appreciation of a variety of physical activities, including dance.  Teachers and sports coaches have designed lessons that align with curriculum objectives and cater to students' age, abilities and interests. Lessons have incorporated a variety of activities, including individual, partner and group work, to cater to different learning styles. This has been made evident during learning walks and monitoring relating to inclusive and adaptive teaching. Consideration has been given to	Where necessary, continue to update and reflect upon the effectiveness of the PE overview, so that it is accessible to all pupils at the junior school, developing the pupils' understanding of a range of concepts.  Evaluate effectiveness of sessions, ensuring they are aligned with curriculum objectives.

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				<p>differentiation and inclusion, providing suitable adaptations for students with diverse needs at the junior school. This was a real strength when looking at inclusive and adaptive teaching strategies.</p> <p>Teachers at the junior school have clearly communicated lesson objectives and provided clear instructions for activities which appeal to the pupils. This was evident during learning walks. Inclusive and adaptive teaching strategies have ensured a safe and inclusive learning environment. Constructive feedback to students to support their skill development and improvement has been a real feature and strength in the teaching of PE. Formative assessment strategies have been used to monitor student progress and identify areas for improvement.</p> <p>This updated PE overview and teacher guidelines aim to support the continued high-quality teaching and learning in PE lessons. By incorporating dance into the curriculum and ensuring the availability of necessary resources, we can enhance student engagement, promote physical fitness, and foster a lifelong love for physical activity. Regular review and reflection on the implementation of</p>	<p>Monitor high-quality teaching and learning of PE. Ensure that both sports coaches and teachers are watched and fed back to, in order to monitor impact of quality of teaching.</p> <p>Refer to pupil voice/conferencing for teaching of dance, working on what strengths and weaknesses pupils identify. Reflect upon overall effectiveness of PE overview.</p>
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				these guidelines will enable ongoing improvement and excellence in PE instruction.	
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Profile of PE and Sport Being Raised					
Total Funding: £0			0% of Total Allocation:		
Key Indicator 2: The profile of PE, School Sport and Physical Activity being raised across the school as a tool for whole school improvement.					
INTENT		IMPLEMENTATION		IMPACT	
School Focus	Intended Impact	Actions To Achieve	Funding Allocated	Evidence of Impact	Sustainability & Suggested Next Steps
To continue to invest in new equipment to increase sporting opportunities in PE lessons	Suitable and effective equipment that meets the needs of the curriculum and the PE overview  Opportunities for children to try new sports	PE resource audit to be undertaken by PE Coordinator. Cross reference resources with PE overview to ensure equipment is available for lessons.	£900 SCHOOL PE BUDGET	The PE resource cupboard is well stocked and effective equipment has met the needs of our curriculum.	Updated Inventories to ascertain which equipment needs replacing through regular checks.  Cross-reference the equipment with the updated PE overview to identify any equipment that needs to be purchased or replaced.
To continue to invest in new equipment to increase sporting opportunities at playtimes and lunchtimes	Suitable and effective equipment for play time and lunch time Opportunities for sports to be played at lunchtime – e.g. football or Daily Mile  Sports Person of the Term Award to continue in order to motivate pupils	Equipment to be ordered to increase participation in activities at playtimes and lunchtimes		As above  Playground equipment has been ordered for the junior school playground.	Pupil survey to ascertain if there is any other equipment that would benefit the children and encourage additional physical activity.

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Increase participation in after school sports clubs	Parents are well informed about PE, Sport and Health Education across the schools	<p>New resources where needed</p> <p>PE resource audit to be undertaken with sports coach and PE Coordinator.</p> <p>CPD in Dance to be delivered to all teachers and support staff</p> <p>Dance Club to be introduced in Autumn Term 2022</p>	£500 SCHOOL BUDGET/PUPIL PREMIUM FUNDING	<p>Newsletters have featured articles, photos and updates about various sports, teams and individual athletes. This has helped promote a sense of community spirit, encouraging participation in sports and celebrating the achievements of pupils.</p> <p>Daily Mile has led to pupils improving their physical fitness and overall well-being. This has been linked to better concentration, improved mood and increased energy levels.</p> <p>Weekly certificates have been issued for Daily Mile participants.</p> <p>Pupil voice has provided pupils with a platform to express their opinions, supporting the development of PE.</p> <p>Dance staff CPD to be implemented in 23-24 academic year.</p> <p>Dance club not yet implemented in 22/23 academic year.</p>	<p>Identify specific areas or equipment that need to be assessed/audited/reordered.</p> <p>Continue to offer after-school clubs and track pupil attendance, including update for PP pupils.</p> <p>Research and identify suitable Continuing Professional Development (CPD) programs or workshops focused on dance.</p> <p>Look at the possibility of starting a dance club.</p>
Continue to give children opportunities to take part in 'Daily Mile'	<p>Children's resilience, strength and overall fitness is improved.</p> <p>Well Being of pupils is improved</p>	<p>Daily Mile to be completed at lunch/break times</p> <p>Pupil Voice outcomes analysed</p> <p>Pupil Conferencing takes place regarding PE</p>	SCHOOL BUDGET	<p>Newsletters have featured articles, photos and updates about various sports, teams and individual athletes. This has helped promote a sense of school spirit, encouraging participation in sports and</p>	<p>Continue to monitor the impact of Daily Mile and increasing pupil numbers running the Daily Mile.</p> <p>Consider other certificate types - eg: most spirited, most laps over</p>

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				<p>celebrating the achievements of pupils.</p> <p>Daily Mile activities have had several benefits for students. This has led to pupils improving their physical fitness and overall well-being. This has been linked to better concentration, improved mood and increased energy levels.</p> <p>Weekly certificates have been issued for Daily Mile participants.</p> <p>Pupil voice has provided pupils with a platform to express their opinions, ideas and concerns in matters that affect them within the school community concerning PE.</p>	the course of the term, most improved Daily Mile runner.
<p>Participate in inter-school competitions</p> <p>Sports Scholars Programme to continue in the Summer Term</p>	<p>Children's resilience, strength and overall fitness is improved.</p> <p>Children's teamwork skills are improved and confidence grows.</p> <p>Pupils with an aptitude in PE and leadership have the opportunity to further their</p>	<p>Increase opportunities for competitions across schools</p> <p>Coverage of sporting competitions in the newsletter and in assemblies to include Sports Person of the Term</p> <p>Pupils with an aptitude in PE and leadership to be selected to take part</p>	SCHOOL BUDGET	<p>Parkland has participated in a range of different competitions across many sporting disciplines.</p> <p>The school has been awarded the Gold Games Mark</p> <p>The Federation made use of its partnership with AITC and have organised Blue &amp; White day, a fundraiser for their charity.</p>	<p>Identify students with a strong aptitude in PE and leadership qualities so they can be targeted.</p> <p>Utilise the partnership fostered between the Federation and AITC.</p> <p>Encourage more participation in competitions so that students'</p>

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	talents with specialist teachers				develop healthy and active lifestyles.
Introduce a range of after-school clubs for children to participate in.	Children's resilience, strength and overall fitness is improved.  Suitable and effective equipment meets the needs of the curriculum and the PE overview	All pupils encouraged to take part, raising the profile of PE further.	SPORT PREMIUM	AITC have organised clubs for the pupils to take part in. This has led to increased resilience and fitness for pupils identified.  Equipment is relevant and suitable to the needs of the pupils at the junior school.	Continue to audit resources so that lessons are engaging.

Increased Confidence, Knowledge and Skills of All Staff In Teaching PE and Sport					
Total Funding: £			% of Total Allocation		
Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport.					
School Focus	Intended Impact	Actions To Achieve	Funding Allocated	Evidence of Impact	Sustainability & Suggested Next Steps
All classes are taught compulsory competitive sports lessons once a week.	Continued high quality of teaching and learning in Competitive Sports lessons.	Sports Coaches to follow the PE overview to ensure curriculum coverage	See Previous pricing	Sports coaches and teachers have been following the PE overview. This has led to observed lessons being good or outstanding.	Seek out dance educators or specialists who have experience teaching dance in educational settings to support the development of dance.
	Every PE lesson will be good or outstanding	Teachers to be trained to teach Dance		Subject leader has led PDMs across the Federation. This has mainly	

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		CPD available where needed		focused upon warm-up activities and invasion games.	
To continue to ensure that children are taking part in two PE sessions a week, one taught by the class teacher	<p>The health and fitness levels of children are improved</p> <p>Physical Development for all pupils is in line with or exceeding age related expectations</p>	<p>PE Overview refreshed and shared with teachers and support staff</p> <p>Continued high quality teaching and learning in all PE lessons</p> <p>CPD available where needed</p>	<b>SCHOOL BUDGET</b>	<p>Teachers have a clear understanding of the overview, curriculum goals and objectives for PE for each year group. Teachers have been equipped with a range of effective teaching strategies to engage students and promote active participation in PE lessons during PDMs. These have included differentiation techniques and cooperative learning. As a result, the health and fitness levels of the pupils have improved.</p>	<p>Regular review of the curriculum should be conducted to ensure it remains up-to-date and relevant.</p> <p>All teachers should have a system in place for ongoing assessment of students' progress in PE.</p> <p>Teachers to be encouraged to engage in reflective practice, regularly reflecting on their teaching methods, student outcomes and personal professional growth. This can be facilitated through self-reflection, peer observations and feedback sessions in conjunction with the PE subject leader.</p>

Broader Experience Of A Range of Sports and Activities Offered To All Pupils					
Total Funding: £3,890				19% of Total Allocation:	
Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils.					
INTENT		IMPLEMENTATION		IMPACT	
School Focus	Intended Impact	Actions To Achieve	Funding Allocated	Evidence & Impact	Sustainability & Suggested Next Steps

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Adults to lead breakfast clubs, after school clubs and interventions for targeted children	Children's resilience, strength and overall fitness is improved.	Children have the opportunity to complete 'Daily Mile'. Children to have access to other sporting activities and equipment during playtimes and lunchtimes (e.g. football, gym equipment)	<b>SPORTS FUNDING</b>	Children have had the opportunity to participate in activities such as the 'Daily Mile' and have access to other sporting activities and equipment during playtimes and lunchtimes. These initiatives have played an important role in promoting physical activity and the development of both fine and gross motor skills in the children.	Playground equipment inventory to be carried out to ensure there are adequate resources for opportunities for fine and gross motor skill development.
To improve provision at break times to facilitate increased access and increased participation in daily exercise	Well Being of pupils is improved. Children's resilience, strength and overall fitness is improved.  Well Being and emotional health of pupils is good	Development of fine and gross motor skills for children through interventions  Resources and equipment audited and updated	<b>£3,890</b>		

Increased Participation in Competitive Sport					
Total Funding: £500			% of Total Allocation:		
Key Indicator 5: Increased participation in competitive sport.					
School Focus	Intended Impact	Actions To Achieve	Funding Allocated	Evidence & Impact	Sustainability & Suggested Next Steps
To participate in inter school competitions	Improved skills in specific sports.  Children will learn the rules in a variety of sports.  Children to show great sportsmanship and	Research into inter-school competitions takes place for the year ahead  Sports Coaches and PE Coordinator to enrol selected pupils in age appropriate competitions	SCHOOL BUDGET	Inter-school competitions for children have provided pupils with an opportunity to enhance their skills in specific sports. Through regular practise and participation in competitive events, children have developed their physical abilities, refined techniques and gained a	Continue to participate in inter-school competitions and teaching children about the importance of sportsmanship.

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	understand the Olympic Values			deeper understanding of different games.	
Promotion of Competitions and achievement in sports as a team and towards a personal best	Children take pride in achieving in sports	Sports Person of the Term Trophy to be embedded in weekly assemblies		The Termly Trophy has given winners a real sense of achievement and encouraged others to aim high in PE.	Continue with the "Sports Person of the Term" trophy, fostering a culture of recognition, encouraging sportsmanship and inspiring other students to excel in sports.
Sports Day to be supported by Sports Coaches	High levels of participation observed. Positive feedback from pupils and parents.  children will develop coping strategies for winning and losing and understand the value of teamwork and personal best goals	PE Coordinator and Sports Coaches to plan whole-school sports day including participation from parents and siblings		Sports Day has encouraged maximum participation from students by creating a positive and inclusive environment. This has allowed increased participation for all pupils. It was well supported by the wider school community.	After sports day, gather feedback from participants to look at ways the day can be improved.

Signed Off By:	
Headteacher / Head of School:	
Date:	
Subject Leader:	Neil Thrower
Date:	11/07/23
Governor:	
Date:	